

Aftercare & Advice:

Chemical Peel



How do I care for my skin post peel?

Mild peeling and redness is normal. Please consult with your physician prior to returning to your normal skin care regime (usually 5-7 days after application of Blue Peel RADIANCE)

- Use sunscreen with an SPF of at least 30 at all times, especially for the week post peel. Recommend Sunshield SPF50
- Hydrate or Hydrate Luxe can be used as a moisturise.
- Avoid direct sun exposure
- Treat the skin gently
- Do NOT exfoliate or pick at peeling skin
- Do NOT wax or use any form of hair removal during the peeling stage
- Avoid AHAs & BHAs, retinoids, facial products containing fragrance for 1-week post peel

Common contraindications include

- Active cold sores, herpes simplex or warts in the area to be treated
- Wounded, sunburned or excessively sensitive skin with the application area
- Currently pregnant or breastfeeding
- Dermatitis or inflammatory rosacea within peel area
- Accutane use within 6-12 months' prior the peel application
- History of radiation therapy in the application area
- Allergy to salicylates